

**SAVE THIS DATE:
MARCH 18nd at 2 p.m.**

**You're Invited to an ALL-
NATURAL WILDTREE
FREEZER MEAL
WORKSHOP!**

HOSTED BY: Donna Hetrick
3708 Fairways Court
Fredericksburg, VA 22408





At a Freezer Meal Workshop YOU put together 10 meals that you get to take home with you, put in the freezer and pull out later at times when you don't even have time to 'think' about dinner, let alone prepare it!

(Think "Dream Dinners" concept, but healthier & at half the price. Based on the cost of the Wildtree products and your groceries you will be spending a reasonable \$16-18/per meal or \$4 - 4.50 per person for a healthy, balanced & preservative free meal !!)

HERE'S HOW IT WORKS:

1. You purchase the "Comfort Foods" bundle

of
Wildtree
e
products
s **IN**
ADVANCE
which
will be
ready
and
waiting
for you
when
you
arrive
at the
workshop.

2. I will then email you a grocery list and your prep instructions.
3. On the day of my workshop – you come to 3708 Fairways Court with your groceries prepped and ready to make 10 dinners!
Wildtree Senior Team Leader Donna Hetrick will walk you through assembling all of them!

**Here's the bundle of Wildtree products
you will need for \$81 (includes all
shipping and tax)**

Mediterranean Balsamic Dipping Oil
Roasted Garlic Grapeseed Oil
Chipotle Lime Rub
Garlic Galore Blend
Italian Salad Dressing Blend
Smoked Mozzarella and Tomato Blend
Adobo Seasoning
Rancher's Steak Rub

Here's what we'll be making:

Honey Balsamic Chicken Drumsticks
Italian "Medallions" (chicken tenders)
Italian Flank Steak
Chipotle Lime Fajitas
Slow Cooker Chipotle Lime Chicken
Smoked Mozzarella Chicken with Pasta
Smoked Mozzarella and Tomato Meatloaf

Adobo Grilled Chicken
Spanish Style Garlic Shrimp
Best Burgers EVER!

**DEADLINE FOR WILDTREE
PRODUCT**

**ORDER/REGISTRATION IS
MONDAY, MARCH 4TH.**

**To order product & register
simply respond to this e-mail or
call me at 540-898-1272. Pre-
payment is required.**

**Freezer Meal Workshop will be
lead by:**

**Donna Hetrick, Wildtree Senior
Team Leader
540-898-1272**

dphetrick@verizon.net

www.mywildtree.com/donnah

wildtreedonnablogspot.com